



2016-2017 Dance Schedule

Dance Classes Start September 6 ; Little Stars Start Sept. 12

	MON Studio A	MON Studio B	TUES Studio A	TUES Studio B	WED Studio A	WED Studio B	THURS Studio A	THURS Studio B	FRI Studio A	FRI Studio B	SAT Studio A	SAT Studio B
7:00-8:00am	Cardio Sculpt ♣ 7:15-8:15am				Cardio Sculpt ♣ 7:15-8:15am				Cardio Sculpt ♣ 7:15-8:15am			
8:00-9:00am			Zumba ♦ 8:15-9:15			Jackie Sorenson's Aerobic Dance ♣ (8:30-9:30am)		Zumba ♦ 8:15-9:15		Jackie Sorenson's Aerobic Dance ♣ (8:30-9:30am)		Zumba ♦ 8:30-9:30am
9:00-10:00am		Tap/Ballet 2.5-5yr 10-10:45	Zumba ♦ 9:30-10:30		Mommy and Me Class 1.5- 2.5yr 9-9:45am			Zumba ♦ 9:30-10:30			Yoga for Dancers ■ Drop in Class	Tap/Ballet 3-5 yr 9:45-10:30
10:00am-3:30pm											Birthdays Parties & Rehearsals	Jam Time Hip Hop 9-14yr 10:30-11:30am♥
3:30pm-4:30pm	Tap/ballet 3-5yr 3:30-4:15pm	Jazz 1	Tap 7/8	Jazz 2	Tap/Jazz 5-7yr	Ballet 2	Pre-ballet 5-7yr	Ballet 3/4 3:30-5pm	Ballet 1/2	Gym/Acro 1-2		Jam Time Hip Hop Team Practice 11:30-12:30pm♥
4:30pm-5:30pm	Tap 1	Hip Hop/gym 4-7yr	Tap 2	Jazz 7/8	Hip Hop 7-10yr	Performing Ballet 2* 4:30-5pm	Ballet 1	Performing Ballet 3/4* 5-5:30pm	Ballet 7/8 4:30-6:00	Ballet 5 4:30-6pm		
5:30pm-6:30pm	Performing Ballet 5* 5:30-6pm	Performing Ballet 7/8* 5:30-6pm	Tap 3/4	Contemporary 7/8	Hip Hop Int	Contemporary 2/3* 5-6pm	Company Class	Company Class	Pointe Int./Adv** 6:00-6:30pm	Pointe Beg./Int.** 6-6:30pm		
6:30pm-7:30pm	Ballet 5 6-7:30pm	Ballet 7/8 6:00-7:30pm	Jazz 5*	Jazz 3/4*	Contemporary 5	Ballet 3/4 6-7:30p	Company class	Company Class				
7:30pm-8:00pm	Pointe Beg./Int**	Pointe Int./Adv**	Stretch and Strengthening	Turns and Leaps Int		Pre-pointe**		Turns and Leaps Adv				

* Ballet Technique Class Required ** 2 Ballet Technique Classes Required

♥ Jam Time Dance Program: 619-727-7209, jamiimedance@gmail.com ♣ Jackie Sorenson's Aerobics- www.jackis.com

♦ Zumba- www.dance2fitness.com : marcela@dance2fitness.com ♣ Cardio Sculpt – susanbornhofft@yahoo.com ■ Drop in class rate \$10 per class